

Forgetmenot Care Home

Week 2 Menu

	Breakfast	Dinner	Supper
Monday	Cereal Eggs Toast	Salisbury Steak w/ Gravy Mashed Potatoes Corn Pudding	Runzas Macaroni & Cheese Fruit
Tuesday	Cereal Eggs Toast	Chicken Spaghetti Pea Salad Ice Cream	Black Bean & Hominy Chili Corn Bread Muffins Fruit
Wednesday	Oatmeal Eggs Toast	Crockpot Pot Roast w/ Carrots, Onions & Potatoes Cucumber Salad Cake	Chicken Noodle Soup Fruit
Thursday	Cereal Eggs Toast	Ham Oven Roasted Potatoes w/ Rosemary & Garlic Squash Jello	Grilled Ham & Cheese Sandwich Potato Salad Fruit
Friday	Cereal Eggs Toast	Beef & Cheese Enchiladas Mexican Bean Salad Fruit Salad	Sloppy Joes Coleslaw
Saturday	Butterscotch-Pecan Sticky Buns Eggs	Pesto Fish Kabobs Mushroom Rice Pilaf Pudding	Sweet & Sour Pork Rice Eggroll
Sunday	Pancakes or Crepes w/ Fruit Bacon Eggs	Liver & Onions Roasted Red Potatoes Roasted Brussels Sprouts Cherry Cheesecake	Tomato-Basil Soup Grilled Cheese Sandwiches Fruit