

Forgetmenot Care Home

Week 5 Menu

	<u>Breakfast</u>	<u>Dinner</u>	<u>Supper</u>
Monday	Cereal Toast Eggs	Chicken & Biscuit Casserole Jello w/ Fruit	Skillet Sausage & Potatoes Green Chili Muffins
Tuesday	Cereal Toast Eggs	Nachos Supreme Sweet Corn & Tomato Salsa Gingered Peach & Pear Crisp	Grilled Patty Melt Sandwich Hash Rounds
Wednesday	Baked Blueberry and Peach Oatmeal Toast Eggs	Chicken Chop Suey Steamed Rice Fortune Cookie Fresh Pineapple w/ Chocolate Syrup	Quick Chicken/Turkey & Rice Soup Salami Sandwich
Thursday	Cereal Toast Eggs	Garlic-Herb Roast Pork Roasted Potatoes Three-Bean Salad w/ Olives Warm Gingerbread w/ Ice Cream	Chickpea Pita Pockets Japanese Onion Soup Fruit
Friday	Cereal Toast Eggs	Tangy Thyme Fish Potatoes Mediterranean Mixed Veggies Apple Crisp	Creamy Broccoli Chicken Soup Warm Buttered French Bread Fruit
Saturday	Cereal Muffins (Cook's choice) Eggs	Angel Hair Spaghetti w/ Meat Sauce Cucumber Salad Garlic Bread Jello w/ Fruit	Grilled Reuben Sandwiches Tater Tots
Sunday	Sausage & Eggs Breakfast Casserole	Roast Chicken Mashed Potatoes Green Beans Strawberries & Whipped Cream w/ Pound Cake	Hamburger Vegetable Soup